The Farms of Carroll County <u>Chef's Edition</u>

Local Food Guide for area Restaurants & Wholesale Buyers



About this Guide

We are excited to share with you the first "Chefs Edition" of the Farm of Carroll County Guide. Each year, local farmers, the Carroll County Farm Bureau, and UNH Cooperative Extension collaborate to publish a local guide to farms with products available. In recognition of increasing demand for locally grown food by area restaurants, schools and hospitals, we put together this guide specifically for wholesale markets. In this guide you will find a listing of all the farms in Carroll County who wish to market their goods to you, which products they produce, and how they deliver (day of week/minimum order etc.).

We thank the NH Department of Agriculture Markets & Food for funding the publication of this guide, which we hope will grow in the future.



About this Guide

Farmers submit their listing with products available on an annual basis. We encourage you to coordinate with local farms in advance of purchase and develop a working relationship with them.

Guide Key

- Products available *note many of these items are seasonal
 √ Restaurant delivery schedule
 - Growing practices by the farm



Farms marked with a symbol denote they operate a farm store.

On page 5 you will find a <u>quick reference guide</u> to products available

Photos on Previous page: Top: Sherman Farm, Sadie and calf at the Wotton Farm, and ewes on pasture at Farm by the River.

Chestnut Meadow Farm 🛲

Stephanie Goddard 146 Wentworth Hill Sandwich, NH 603-455-0324

chestnutmeadowfarm@gmail.com www.chestnutmeadowfarm.com

• Summer CSA and winter egg-share; free range organic eggs, vegetables. Chicken and pork.

✓ Restaurant delivery within 15 miles. Fee to be determined.

Laving hens & meat chickens are free range and fed organic feed. Spray & pesticides Free. Use sustainable and organic growing practices.

DeVylder Farm

Dennis DeVvlder 563 Pleasant Valley Road Wolfeboro, NH 603-569-4110 www.devylderfarm.com

 Seasonal potted flowers, herbs, vegetables, plants, native fresh produce, apples, cider, pumpkins, pies and baked good. ✓ Call for information

DiFilippe Farm & Greenhouse 🛲

Don DiFilippe 395 Chase Road North Sandwich, NH 603-284-6482

• Full bedding plants, potted and hanging baskets, seed grown perennials and our own vegetables from A-Z.

 \sqrt{No} deliveries, pick up only. No minimum order any day with a call ahead.

• We do our best to be pesticide fee

Earle Family Farm

Tom Earle 9 Baird Hill Road Center Conway, NH 603-447-6641 earlefamilyfarm@gmail.com

• Lamb, pork, eggs, mushrooms, honey, maple syrup, fruit, greens, cucumbers, peppers, potatoes, root vegetable, and tomatoes

Vednesday-Thursday. No delivery fee, minimum order - \$50.00

Organic/biodynamic – not certified

Grand View Farm

Joan Richardson, Liz Kelley 564 White Mountain Highway Conway, NH 603-961-2199 Joan/603-662-5421 Liz Joanierich603@hotmail.com http://Grandviewfarm.blogspot.com • Eggs available year-round.

Vegetables, berries, jam, local cheese, pastured eggs, broilers, mums, squash, pumpkins, gourds, Christmas trees and wreaths.

✓ Call for information

 Organic fed pasture raised chickens. Family run farm.



Lucy Brook Farm

Randy Gaudette 3557 West Side Road North Conway, NH 603-986-3156 Lucybrookfarm@outlook.com www.lucybrookfarm.com

 Organic vegetables, cucumbers, greens, onions, peppers, tomatoes, etc.
 Pasture-raised animals. Alpaca products, farm tours and farm education.

 \sqrt{We} work with restaurants and will deliver at a convenient time for customer.

 Pasture-raised animals and feed nongmo grain. Vegetables are no-spray, organic fertilizer and non-gmo seeds.

Mountain Heartbeet

Joanne Ducas 158 Province Lake Road Effingham, NH <u>mountainheartbeet@gmil.com</u> <u>www.mountainheartbeet.com</u>

• CSA, fall bulk shares. Specializing in a wide variety of carefully selected delicious vegetables and herbs.

 $\sqrt{}$ Delivery day to the north is Monday, to the south is Thursday. Happy and willing to work with chefs to make ordering and delivery as easy as possible.

Certified organic

NH Mushroom Company, LLC

Dennis Chesley 153 Gardner Hill Road Tamworth, NH 603-323-0097 – cell 603-581-4092 info@nhmushrooms.com http://www.nhmushrooms.com

 Gourmet Specialty Mushrooms – Organic
 √ No delivery fee – contact for delivery schedule
 NH Certified Organic

Pork Hill Farm

Paul Swegel 45 Pork Hill Road Ossipee, NH 603-539-5999 porkhillfarm@gmail.com www.porkhillfarm.com

 The farm grows vegetables, herbs and flowers for CSA and wholesale delivery between Alton and Jackson
 √ We deliver on Tuesdays and Fridays between Alton & Jackson. Call Katie to talk about your produce needs and to get our current price list.

We are certified organic

Sherman Farm

Cathy Sherman 2679 East Conway Road Center Conway, NH 603-939-2412

www.shermanfarmnh.com

• Veggies in season, local fruits, milk in glass bottles, local syrup and honey.

🗸 Thursday to MWV area

Pasture-raised beef, Integrated Pest
 Management on veggies.



Lettuce seedlings at Mountain Heartbeet

White Gates Farm

Hank & Heather LeTarte 2153 Cleveland Hill Road Tamworth, NH 603-662-7538 or 603-662-7556 whitegatefarms@gmail.com www.whitegates-farm.com

• Frozen meats of all kinds, special orders on request. Produce of many varieties.

√ We make restaurants deliveries, minimum orders are discussed individually – as are fees and delivery days.

• We are certified organic on our produce and use organic practices on our meats, which are pasture-raised.

Young Maple Ridge Sugarhouse Brad Streeter

301 Wing Road North Sandwich, NH 603-662-9934

Maple syrup, Maple candies, Maple cream and Maple granulated sugar.
 √ No minimum order, happily supply to restaurants.

The NH Harvest Season

Сгор	Spring	Summer	Fall	Winter
Apples			х	х
Asparagus	х			
Beans		х	х	
Beets		х	х	х
Broccoli		х	х	
Brussel Sprouts			х	х
Cabbage		Y	X	x
(Chinese/Napa)		х	х	X
Carrots		х	х	x
Cauliflower		х	х	
Celery		х		
Corn		х		
Cucumbers		х		
Eggplant		х	х	
Fiddleheads	х			
Garlic	х	х	х	x
Melons		х		
Onions		х	х	х
Parsnips	х		х	x
Peppers		х	х	
Potatoes	х	*new	х	х
Pumpkin			х	х
Rhubarb	х			
Spinach			х	х
Strawberries		Х		
Summer				
squash,	х	х		
zucchini				
Winter Squash			Х	x
Tomatoes		Х	Х	
Meat: pork,				
lamb, chicken,	x	х	х	x
beef, goat,				
eggs				



Sherman Farms

Quick Reference

Cheese/butter/yogurt

DeVylder Farm Grand View Farm Sherman Farm

Cucumbers

Chestnut Meadow Farm DeVylder Farm DiFilippe Farm & Greenhouse Grand View Farm Lucy Brook Farm Mountain Heartbeet Pork Hill Farm Sherman Farm White Gates Farm

Eggs

Chestnut Meadow Farm DeVylder Farm Grand View Farm Lucy Brook Farm Sherman Farm White Gates Farm

Fruit

DeVylder Farm Lucy Brook Farm Sherman Farm

Greens

Chestnut Meadow Farm DeVylder Farm DiFilippe Farm & Greenhouse Grand View Farm Lucy Brook Farm Mountain Heartbeet Pork Hill Farm Sherman Farm White Gates Farm

Meat Beef Sherman Farm White Gates Farm

Chicken Chestnut Meadow Farm Grand View Farm Lucy Brook Farm Sherman Farm White Gates Farm

Pork

Chestnut Meadow Farm Lucy Brook Farm Sherman Farm White Gates Farm

Turkey Sherman Farm

Honey DeVylder Farm Grand View Farm Lucy Brook Farm

Maple syrup DeVylder Farm Grand View Farm Lucy Brook Farm Sherman Farm White Gates Farm Young Maple Ridge Sugarhouse

Milk DeVylder Farm Lucy Brook Farm

Mushrooms DeVylder Farm NH Mushroom Company, LLC Sherman Farm

Onions

Chestnut Meadow Farm DeVylder Farm DiFilippe Farm & Greenhouse Grand View Farm Lucy Brook Farm Pork Hill Farm Sherman Farm White Gates Farm

Peppers

Chestnut Meadow Farm DeVylder Farm DiFilippe Farm & Greenhouse Grand View Farm Lucy Brook Farm Mountain Heartbeet Pork Hill Farm Sherman Farm White Gates Farm

Pick-your-Own Farms

DeVylder Farm

Potatoes

Chestnut Meadow Farm DeVylder Farm DiFilippe Farm & Greenhouse Lucy Brook Farm Mountain Heartbeet Pork Hill Farm Sherman Farm

Root Vegetables

Chestnut Meadow Farm DeVylder Farm DiFilippe Farm & Greenhouse Lucy Brook Farm Mountain Heartbeet Pork Hill Farm Sherman Farm White Gates Farm

Seedlings

DeVylder Farm DiFilippe Farm & Greenhouse Lucy Brook Farm Pork Hill Farm Sherman Farm

Tomatoes

Chestnut Meadow Farm DeVylder Farm DiFilippe Farm & Greenhouse Grand View Farm Lucy Brook Farm Mountain Heartbeet Pork Hill Farm Sherman Farm White Gates Farm



White Gates Farm

This booklet was paid for in part with funds provided by the New Hampshire Department of Agriculture, Markets & Food

New Hampshire

Department of Agriculture, Markets & Food





73 Main Street, P.O. Box 1480 Conway, NH 03818 447-3834 Olivia Saunders, Field Specialist, Food & Agriculture



385 Water Village Road Ossipee, NH 03864 President: Frank Riley – 569-4031



North Conway NH 03860 Jesse Wright - 603-356-9683 <u>info@usvlt.org</u> <u>www.usvlt.org</u>

The University of New Hampshire Cooperative Extension is an equal opportunity educator and employer. University of New Hampshire, U.S. Department of Agriculture and N.H. counties cooperating. "Helping You Put Knowledge and Research to Work." 2016



White Gates Farm, Tamworth, NH