

The Farms of Carroll County

Your Guide to Local NH Farms & Food



Supporting the Farms of Carroll County

About this Guide

This guide is a grassroots form of cooperative marketing and a public education tool. Eating local and supporting our region's farms begins with awareness of who and where our farms are. We hope this guide will help you understand where and how to access Carroll County's bounty of agricultural products.

Shop Local

Each farm has its own method to sharing their products with the community. On **page 9**, you will see there are five different farmers' markets throughout the summer and winter. From Wolfeboro to Conway, there's a market not far from your town. Some farms also sell at local groceries or at their own farm stands. Take note of the symbols next to each listing for details.

Understand Seasonality

We hope you revisit this guide as the seasons change, and that you take full advantage of the diverse array of locally grown foods. This chart should help you understand what grows in our region and when.

The NH Harvest Season

Crop	Spring	Summer	Fall	Winter
Apples			х	Х
Asparagus	Х			
Beans		Х	х	
Beets		Х	х	Х
Broccoli		Х	х	
Brussel Sprouts			х	х
Cabbage		.,	,,	.,
(Chinese/Napa)		Х	Х	х
Carrots		Х	х	х
Cauliflower		Х	х	
Celery		Х		
Corn		Х		
Cucumbers		Х		
Eggplant		Х	х	
Fiddleheads	х			
Garlic	Х	Х	х	Х
Melons		Х		
Onions		Х	х	Х
Parsnips	Х		х	Х
Peppers		Х	х	
Potatoes	Х	*new	х	Х
Pumpkin			х	х
Rhubarb	х			
Spinach			х	Х
Strawberries		Х		
Summer				
squash,	х	х		
zucchini				
Winter Squash			х	х
Tomatoes		х	Х	
Meat: pork,				
lamb, chicken,	x	x	x	x
beef, goat,	^	^	^	^
eggs				

Get Involved

It's up to us, as consumers, to back local farmers and suppliers. Contact <a href="mailto:emai

Thank you,

The Farmers of Carroll County

Using this Guide

Farms marked with a symbol denote seasonal U-Pick.

Farms marked with a symbol denote they operate a farm store.
On Page 10, you will find a quick reference alphabetized guide to products available.

Products available

√ Where to buy

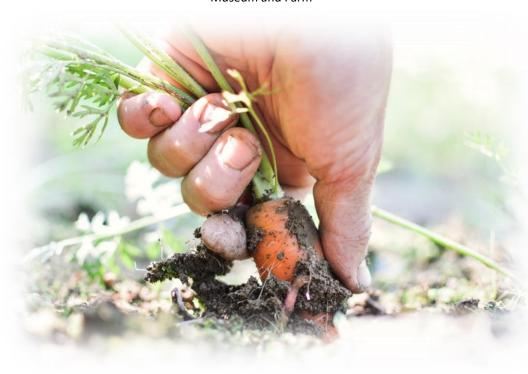
Growing Practices

Contributions to this booklet were made by the following:

Athena's Bees Apiary
Behr Farm
BerryKnoll
Bly Farm
Booty Family Farm
Carroll County Farm Bureau
Earle Family Farm
Grand View Farm
Harmony Farm
Hatches' Orchard

Hollow Tree Hill Farm
Little Field Farm
MiVida Gardens
Mountain Breeze Farm
Mountain Heartbeet
Mountain Laurel Farm
Naylen Farm
No-View Farm
Pine River Orchard
Remick Country Doctor
Museum and Farm

Snowbrook Farm
Spider Web Gardens
The Farm by the River
Thompson House Eatery Farm
Top of the Hill Farm
UNH Cooperative Extension
Upper Saco Valley Land Trust
White Gates Farm
Wotton Farm



Athena's Bees Apiary ==

Athena Holtey: 733-7736 1805 Route 16, Center Ossipee athena@whbee.com www.whbee.com

- Raw, local honey & organic ingredient honey infusions
- √ Farm Stand open 10 to 4:30 M-F, by chance, or appointment
- √ Peppercorns in Plymouth, NH
- √ Tamworth Farmers' Market
- √ Deliveries available, minimum order
- Humane, No-chem beekeeping

Behr Farm

Karl Behr: 986-0017 35 Main Street, Tamworth Behr705@roadrunner.com

- Fresh whole turkevs
- √ November 19th, 20th, and 21st from 9am to 6pm each day
- √ Tamworth Farmers' Market
- Free range, moved to fresh pasture weekly, non-GMO feed

BerryKnoll •

David Sorensen: 447-3994 67 Old Portland Road, Eaton BeeManOfEaton@gmail.com www.berryknoll.com

- Honey, maple syrup, blueberries, currents, gooseberries, & daylilies
- √8am to 8pm everyday
- √ Sherman Farm, East Conway
- Low spray weed control = Mulch heavy with pine needles

Blv Farm & Ice Cream -

Cynthia & Vince Blandini: 569-1411 620 Center Street, Wolfeboro

blvfarm@comcast.net

- Chicken, lamb, eggs, honey, maple syrup, seasonal vegetables, herbs, & fruit. Annuals, perennials, hangers, jams, preserves, home-baked pies, hard and soft serve ice cream
- √ May October 9am to 6pm daily
- Low or no spray
 - Products available



Booty Family Farm =

Diane Decker Booty & Stephen Bartlett 610 Mt. Israel Road, Center Sandwich 284-7163 bootyfamilyfarm@gmail.com

- We pick throughout the day to offer the freshest, organic produce. Offering: eggs, maple syrup, fruit, greens, cucumbers, onions, peppers, potatoes, root vegetables, & tomatoes
- √ Farm stand open 8am to 7pm during growing season
- √ Sandwich & Tamworth Farmers' Markets
- NH certified organic

Earle Family Farm 🗂 🔑



Tom Farle: 447-6641 9 Baird Hill Road, Center Conway earlefamilyfarm@gmail.com

- Beef, lamb, pork, eggs, maple syrup, fruit, all as available. PYO Berries (call ahead for availability)
- √ Self-serve farm store open 9am to 5pm year round
- √ CSA Shares in both summer & winter
- √ North Conway Farmers' Market
- √ Spice & Grain, Fryeburg, ME
- Organic, biodynamic, & permaculture practices with all crops (non-certified). Animals are raised on pasture during the growing season.

Grand View Farm 🚾



Joan Richardson 960-2199 grandviewfarm603@hotmail.com http://Grandviewfarm.blogspot.com

Two Locations:

Full farm store at:

564 White Mnt Highway (Next to Leavitt's)

 Vegetables, microgreens, berries, jam, cheese, pastured eggs, flowers, herbs, maple syrup, squash, pumpkins, gourds, Christmas trees and wreaths

150 Tasker Hill Road

- Eggs available year-round by self-service from dawn to dusk
- √ Farm Stand open 9am to 6pm Monday-Saturday June through Columbus Day & 7 days a week starting the day after Thanksgiving through Christmas
- √ Wholesale deliveries available. Contact. Jason Richardson at 207-299-0483 Not certified, but try our best to conform to organic principles and practices

Harmony Farm ==

Sharon Dembinski: 508-864-0311 1620 East Madison Road, Madison Sharond0327@yahoo.com

- Raw goat milk and eggs
- √ Open 10am to 2pm



Hatches' Apple Orchard



Elaine Hatch: 447-5687 1440 Brownfield Road, Ctr Conway

- PYO Apples—Please call first! Macintosh, Empire, & Cortland
- √ Weekends, 10am to 5pm, Labor Day through Columbus Day. Ok to bring your own bags, boxes, etc.
- Low spray

Hollow Tree Farm -



Deborah Potter: 447-6641 230 Town House Road, Effingham deb@hollowtreehill.com www.hollowtreehill.com

- Raw goat milk produced by Nubian and Nubian Cross goats, free-range eggs, fleece & dairy goats bred for milk production and show
- √ Farm store open daily, 9am 6pm
- √ Wholesale deliveries available
- No added chemicals or antibiotics. We try to raise our stock as naturally as possible.

Little Field Farm



Sarah Davis: 733-8535 2954 Eaton Road, Madison littlefieldnh@gmail.com http://littlefieldfarm.business.site/

- We offer a wide variety of mixed vegetables, meats, eggs, & baked goods.
- √ Farm Stand in Eaton open weekends June through October
- √ IME in North Conway Village
- √ Wholesale delivery options. Call for info.
- Pasture raised, grain fed, organic, soy free meats and IPM veggies, utilizing crop rotation and cover crops.



MiVida Gardens 📼



Sandy Brocaar & Ed Bickford: 367-8419 274 Savary Road, Silver Lake farmers@mividagardens.com

- Tasty preserves, syrups and sauces, certified organic seedling and produce in season.
- √ Farm hours: Call first! Sunday Thursday 8am to 6pm
- √ Tamworth Farmers' Market
- √ Seedlings sold at Paris Farmers Union in North Conway
- Certified organic and pasture raised.

Mountain Breeze Farm

Ryan Milbury: 677-2605

327 Dale Road, Center Sandwich

mtbreezefarm@gmail.com

- Individual cuts as well as whole & half shares of beef and pork, whole & half chickens when available, maple syrup in a variety of sizes. Eggs by the dozen, as available.
- We also provide agricultural fencing services including: new installations, maintaining existing systems, and consulting.
- √ Farm Hours by Appointment
- √ Farm to Table Market in Ossipee
- √ Picnic Rock Farm.

Mountain Heartbeet ==



Joanne Ducas

158 Province Lake Road, Effingham mountainheartbeet@gmail.com www.mountainheartbeet.com

- Single & Family-Sized Summer CSA, fall bulk shares for October, Thanksgiving, & December. Specializing in a wide variety of carefully-selected, delicious vegetables and herbs.
- √ Farm open by appointment. Please send an email, we love visitors!
- √ Wolfeboro & Tamworth Farmers' Markets
- √ Farm to Table Market in Ossipee
- Certified Organic Vegetables. We believe that YOU ARE WHAT YOU EAT! We are committed to feeding our community the best seasonal produce we can grow.

Mountain Laurel Farm

Robert Bevard: 986-8479

1 North Wakefield Road, Sanbornville rbbevard@yahoo.com

- Standard cuts of pork and lamb. Regular as well as nitrate-free bacon, hams, and ham steaks. Home grown from birth to maturity.
- √ Farm Hours: Weekends 10am to 5pm
- Pasture-raised



Naylen Farm =

Andrea Pelosi: 617-773-6951 930 West Side Road, North Conway naylenfarm2@gmail.com

www.naylenfarm.com

- Grass-fed pork, free-range hens. Chickens and turkeys rotated daily on pasture & goats rotationally pastureraised.
- √ North Conway & Tamworth Farmers' Markets
- √ Wholesale deliveries available
- √ Retail: Farm to Table Market in Ossipee, Weston's, & The Local Grocer
- All of our livestock is pasture raised. We fertilize our pastures organically. We only purchase non-GMO grain & seed.

No-View Farm

Lawreen Strauch: 539-7838 645 Browns Ridge Road, Wolfeboro Noviewfarmorders@gmail.com www.no-viewfarm.com

- Beef, pork, and chicken: whole and halves, breasts, legs and thighs, wings and BBQ pack. Fresh never frozen Thanksgiving turkeys.
- √ Store open daily by appointment. √ Our products are also available at
- Bly Farm in Wolfeboro.
- Naturally raised poultry and pork and pasture-raised, grass-fed beef. No growth hormones or antibiotics.

Pine River Orchard



Cindy Daigle: 539-1605 314 Pine River Road, Effingham cad143nh@yahoo.com

- Honey, blueberries, apples, pears, plums
- √ PYO open seasonally, weekends 9am to 5pm
- Low-spray

Pork Hill Farm

Paul Swegel & Katie Doyle Smith 45 Pork Hill Road, Ossipee, 539-5999 porkhillfarm@gmail.com www.porkhillfarm.com

- Vegetables, herbs, and flowers. Summer CSA (at the farm & in the Conway area) and Winter CSA (with the Foothill Farm Alliance).
- √ Wholesale delivery between Wolfeboro and Jackson.
- √ Retail Locations: The Local Grocer. Hunter's, Harvest Market, Farm to Table Market, & Heath's Supermarket.
- Certified organic

Remick Country ===

Doctor Museum & Farm

Lindsey McAllister: 323-7591 58 Cleveland Hill Road, Tamworth Imcallister@remickmuseum.org www.remickmuseum.org

- Farm-raised meats, eggs, vegetables, & maple syrup available throughout the year. Meats are all pasture-raised with no added hormones or antibiotics.
- √ Open Year Round 10am to 4pm
- √ Meat CSA available June-August
- Beef, lamb, & pork are all raised without growth hormones or antibiotics. Low spray/IPM (plantbased sprays only as absolutely necessary)



Snowbrook Farm

Kristy Foster-Carbone, Enna & Mark Carbone: 447-8988

27 Everett White Road, Eaton fosterearthworks@earthlink.net

 Free-range, apple/acorn-raised heritage pork. Raised on pasture, no antibiotics, no hormones. Always in search of acorns in the Fall.

√ Open by appointment only. Pasture raised

Spider Web Gardens 📼



Bill Stockman: 569-5056 252 Middle Road, Center Tuftonboro www.spiderwebgardens.com spiderwebgardens@ne.twcbc.com

- A truly complete garden center: annual & perennial flowers, seasonal vegetables, cut-your-own flower gardens, pumpkins, and fresh NH wreaths (will ship) in November & December. Growing since 1938.
- √ Farm store and garden center open 8am to 5pm everyday March 1st-December 24th, except Thanksgiving. As the daylight hours dwindle and/or expand, so do our hours. Call for our winter hours.
- √ Heath's Supermarket

The Farm by the River



www.thefarmbytheriver.com

- Eggs & pasture-raised lamb. Frozen cuts or whole/half lots. Breeding animals are registered 100% Katahdins and available for purchase as lambs, yearlings, and 2-year-olds.
- √ PYO raspberries July/Mid-August through 1st frost. Call ahead for picking times. Honor System.
- No sprays or inorganic fertilizers. Katahdin hair sheep are pastureraised. IPM only.

The Farm at Thompson House Eatery



Kate & Jeff Fournier: 383-9341 193 Main St. (PO Box 806), Jackson info@thethompsonhouseeatery www.thethompsonhouseeatery.com

- We specialize in seasonal produce, cut flowers, scratch-made baked goods, and prepared foods at our Farm Stand.
- √ Farm Stand open Tuesday-Saturday
- Non-certified organic



Top of the Hill Farm 📼

Alan Fredrickson: 817-0620 50 Martin Hill Road, Wolfeboro topofthehillfarm@metrocast.net

- We offer numerous cuts of beef. pork, & lamb along with the option of quarters or sides of beef and pork. We have eggs and maple syrup. Cut flowers are available in the summer months.
- √ Daily, 9am to 5pm, all year
- √ Wolfeboro Farmers' Market. Seacoast Eat Local Winter Market
- √ Wolfeboro Food Coop, McKenzie's Farm Stand in Milton, and Duane Family Farm in Barnstead
- Pasture-raised meats



White Gates Farm 🟛 🛚



Hank & Heather Letarte: 662-7556 2153 Cleveland Hill Road, Tamworth whitegatefarm@gmail.com www.whitegates-farm.com

- Beef, pork, chicken, half & whole pigs, cows cut-to-order, vegetables in season, greens in winter, & cut flowers. Deliveries on Wednesdays (minimum order \$250).
- √ Year-round, 24-hour self-service farm stand
- √ Tamworth Lyceum, The Other Store, and the Natural Food Exchange in Reading, MA
- √ Farmers' Markets: Tamworth, NH Andover, MA & Rollinsford, NH (Winter).
- √ PYO Cherry Tomatoes in season, 9-4 PYO Cut Flowers in season, 9-4
- Previously certified organic, practices not changed

Wotton Farm 🛱

Kathey Wotton: 539-8134 30 Circuit Road, Ossipee wottonfarm@gmail.com www.wottonfarm.com

- Raw cow's milk, cream, yogurt, butter, cheese, and eggs. Pastureraised chicken and pork. Seasonal vegetables.
- √ Wolfeboro Area Farmers' Market
- √ Farm Stand: Open daily, year-round 8am to 7pm.
- √ Local deliveries available.
- Vegetables are organically grown, meats are pasture-raised

Farmers' Market Guide

Jackson: July 10th –October 2nd **Tuesdays** 3:30 pm–6:30 pm on the lawn at Thompson House Eatery. 193 Main St. Farmer and Makers Market. Live music, bread, cheese, eggs, coffee, honey, cut flowers, meats, local CSA pick up. Pre-order seafood from Harbor Fish Market in Portland, Maine. 383-9341.

North Conway: May 26th –September 22nd **Saturdays** 9:00 am–2:00 pm. Rain or shine at Twombly's on East Conway Rd. Fresh-baked breads, meats, eggs, artisan products, crafts, and veggies. www.northconwayfarmersmarket.com Find us on Facebook! northconwayfarmersmarket@gmail.com

Sandwich: June -October **Saturdays** 9:00 am–11:30 am, at the Corner House Inn parking lot and **Wednesdays** 4:00 pm–6:00 pm at the Church parking lot on Church Street. Rain or shine. Vegetables, fruit, flowers/plants, dairy, maple. Special events during Old Home Week in August. For more information, call Diane at 284-7163.

Tamworth: Every **Saturday** from 9:00 am–1:00 pm May 12th-October 27th at the Unitarian Universalist Fellowship parking lot (30 Tamworth Rd). Holiday markets November through December at the Brett School. Every other week Dec 29th-March 30th at the Tamworth Town House (27 Cleveland Hill Rd). Vegetables, fruit, flowers/plants, dairy, maple, baked goods, meat, jams/jellies, kombucha, hard cider, mead, wool/yarn, crafts, and good fun! SNAP \$\$ DOUBLED at the market. Rain or shine, (603) 323-2368/2392, *Like us on Facebook!*

<u>tamworthfarmersmarket@sunnyfield.us</u> <u>or bsfarmerbob@gmail.com</u> <u>www.tamworthfarmersmarket.org</u>

Wolfeboro: May 31st -October 4th, **Thursdays**, 12:30 pm-4:30 pm. Clark Park on South Main St. Fresh vegetables, fruits, herbs, cut flowers, plants, beef, poultry, eggs, goat and cow dairy products, baked goods, lamb, spices, gluten free breads, fresh fish, mushrooms, honey, honey products, jams, jellies, spreads, dog treats, vegan ice cream, and maple syrup. Music and weekly community events. Rain or shine. Contact Kathey Wotton at **wottonfarm@gmail.com** www.wolfeboroareafarmersmarket.com.



Quick Reference

Beef

Earle Family Farm
Little Field Farm
Mountain Breeze Farm
No View Farm
Remick Country Doctor
Museum & Farm
Top of the Hill Farm
White Gates Farm

Cheese/butter/yogurt

Grand View Farm Wotton Farm

Chicken

Bly Farm
Mountain Breeze Farm
Naylen Farm
No View Farm
Top of the Hill Farm
White Gates Farm
Wotton Farm

Cucumbers

Bly Farm
Booty Family Farm
Grand View Farm
Little Field Farm
Mountain Heartbeet
Pork Hill Farm
Remick Country Doctor
Museum & Farm
Spider Web Gardens
The Farm at Thompson
House Eatery
White Gates Farm
Wotton Farm

Cut Flowers

The Farm at Thompson House Eatery Top of the Hill Farm Pork Hill Farm White Gates Farm

Eggs

Bly Farm **Booty Family Farm** Earle Family Farm **Grand View Farm** Harmony Farm Hollow Tree Hill Farm Farm by the River Little Field Farm Mountain Breeze Farm Naylen Farm Remick Country Doctor Museum & Farm Spider Web Gardens The Farm by the River Top of the Hill Farm White Gates Farm **Wotton Farm**

Fruit

BerryKnoll
Bly Farm
Booty Family Farm
Earle Family Farm
Grand View Farm
Hatches' Orchard
Pine River Orchard
Spider Web Gardens
The Farm by the River

Goat

Hollow Tree Hill Farm Naylen Farm

Greens

Booty Family Farm
Grand View Farm
Little Field Farm
Mountain Heartbeet
Pork Hill Farm
Remick Country Doctor
Museum & Farm
Spider Web Gardens
The Farm at Thompson
House Eatery

Greens Cont'd

Top of the Hill Farm White Gates Farm

Honey

Atina's Bees Apiary BerryKnoll Bly Farm Pine River Orchard Pork Hill Farm Spider Web Gardens

Lamb

Bly Farm
Earle Family Farm
Mountain Laurel Farm
Remick Country Doctor
Museum & Farm
Naylen Farm
No View Farm
The Farm by the River
Top of the Hill Farm

Maple Syrup

BerryKnoll
Bly Farm
Booty Family Farm
Earle Family Farm
Grand View Farm
MiVida Gardens
Mountain Breeze Farm
Remick Country Doctor
Museum & Farm
Top of the Hill Farm

Milk

Harmony Farm Hollow Tree Hill Farm Wotton Farm

Mushrooms

Naylen Farm Pork Hill Farm



Pork Earle Family Farm Little Field Farm Mountain Breeze Farm Mountain Laurel Farm Naylen Farm No View Farm Remick Country Doctor Museum & Farm Snowbrook Farm The Farm by the River Top of the Hill Farm White Gates Farm

Bly Farm Booty Family Farm Little Field Farm Pork Hill Farm Remick Country Doctor Museum & Farm

Wotton Farm

Potatoes

Spider Web Gardens

Root Vegetables
Bly Farm
Booty Family Farm
Grand View Farm
Little Field Farm
MiVida Gardens
Mountain Heartbeet
Pork Hill Farm
Remick Country Doctor
Museum & Farm
Spider Web Gardens
The Farm at Thompson

House Eatery

Turkey Behr Farm Little Field Farm Naylen Farm No View Farm

Wotton Farm

Seedlings Bly Farm MiVida Gardens Pork Hill Farm Remick Country Doctor Museum & Farm Spider Web Gardens Wotton Farm

Tomatoes Bly Farm Booty Family Farm Grand View Farm Little Field Farm Mountain Heartbeet Farm Pork Hill Farm Remick Country Doctor Museum & Farm Spider Web Gardens The Farm at Thompson House Eatery

Onions Bly Farm Little Field Farm MiVida Gardens

White Gates Farm

Wotton Farm

Onions Cont'd Mountain Heartbeet Farm Pork Hill Farm Remick Country Doctor Museum & Farm Spider Web Gardens The Farm at Thompson House Eatery White Gates Farm Wotton Farm

Peppers Bly Farm Booty Family Farm Grand View Farm Little Field Farm Mountain Heartbeet Farm Pork Hill Farm Remick Country Doctor Museum & Farm Spider Web Gardens The Farm at Thompson House Eatery White Gates Farm Wotton Farm

Pick-Your-Own Farms
BerryKnoll
Earle Family Farm
Hatches' Orchard
Pine River Orchard
The Farm by the River
White Gates Farm

This booklet is sponsored the many farms of Carroll County and by:



UNH Cooperative Extension 73 Main Street P.O. Box 1480 Conway, NH 03818 447-3834

Olivia Saunders
Field Specialist, Food & Agriculture



P.O. Box 424
North Conway, NH 03860
356-9683

Jessica Wright Local Food Systems Advocate



President Paul Swegel emailMWVEG@gmail.com



President Dave Babson – 569-4031 385 Water Village Road Ossipee, NH 03864