



2021 Board Member Nominee

Megan-Mack Nicholson



Megan-Mack Nicholson (DeRaspe) grew up spending as much time as she could in the woods behind her childhood home in China, Maine. After graduating high school, she studied International Relations at West Virginia University. While there, she discovered her deep love for wilderness exploration and conservation, led the Student Conservation Group, and started the Outdoor Club.

After graduating from WVU, Megan-Mack has spent the last 25 years as an Outdoor Guide, Mentor, Lecturer, Facilitator and Educator. She has worked for Wilderness Therapy Programs, run outings programs, and taught at several universities and colleges including Ithaca College and Cornell. She was also the Director for Greek Peak Mountain Resort, and while based in New York State, she received her Masters in Outdoor Leadership and Environmental Education from SUNY Cortland.

Megan-Mack moved back to Maine five years ago to take the position of the Director of The Hyde Wilderness School in Northern Maine. That job entailed tending 640 acres in one of Maine's most pristine areas. Currently, she is transitioning from role as Director for Nurture Through Nature in Denmark, Maine to focus on Holon Healing; her business that focuses on Forest Therapy and Shamanic Reiki Practices. She is a Registered Maine Guide, Certified Yoga Teacher, Certified Forest Therapy Guide with the ANFT, and Shamanic-reiki Practitioner. Creating experiences and opportunities for people to connect and heal in nature is why she is also so passionate about protecting and conserving the gorgeous land of the Upper Saco Valley.

